

# UNITARIAN UNIVERSALIST CONGREGATION IN MILFORD

## WEEKLY ANNOUNCEMENTS

**Sunday, March 7, 2010**

*The 5th Principle*

Each month, we focus on one of the seven ethical principles that bring us together as Unitarian Universalists. For March, it is the principle: "We covenant to affirm and promote the right of conscience and the use of the democratic process within our congregations and in society at large." The children's version is often stated, as "Act and vote on your concerns."

### **MEETINGS & EVENTS THIS WEEK**

**OFFICE HOURS: Mon, Wed and Thu, 9-2**

#### **Today**

10:30 AM Worship Service

#### **Monday, March 8**

9:30 AM Craft Group, Granite

7-9 PM Small Group Ministry, Milford

#### **Tuesday, March 9**

6:45 PM Council, Granite

#### **Wednesday, March 10**

5:30 – 7 PM Green Sanctuary, Granite

#### **Thursday, March 11**

7-8:45 PM Sacred Circle Dance, Emerson Hall

#### **Friday, March 12**

6:30-9 PM Men's Corned Beef & Cabbage Dinner

#### **Saturday, March 13**

6 PM YRUU Overnighter

#### **Next Sunday, March 14 *Daylight Saving Time begins!***

9 AM Ferry Beach Information Mtg., BH

(See *UUCM Activities*)

10:30 AM Worship Service led by YRUU

11:45 AM An Everybody's Birthday Event, BH

### **SHARING THE PLATE**

This week the plate collection will be shared with Granite State Organizing Project. This organization consists of 29 religious, labor, and community groups (including UUCM) working collectively on issues that affect the well-being of the community including the Souhegan Valley Transportation Collaborative. GSOP's goal is to help everyday citizens work together to make an impact in their community. For information call Ruth Heden, 673-7036 or Ellen Groh, 465-3947. Please make checks payable to "UUCM". If you want your check amount to be allocated toward your pledge only, write "pledge" in the memo line. Otherwise half of your offering will be shared with the plate collection, Granite State Organizing Project.

## **CHURCH FOR CHILDREN**

KIMBERLY PAQUETTE,

DIRECTOR OF RELIGIOUS EDUCATION

**PROGRAMS:** The following descriptions are the activities the youth participated in on Sunday, Feb 28th:

**Little Lights** (Infants to 2 years old): Little Lights is a place where the youngest of our church community can be supported in a safe, nurturing environment. Leaders were Sharon Shamel and Sasha Rolfhamre.

**Children ages 4 through 4th grade** enjoyed a Game Day in Barnum Hall. Special thanks to Kim Lavine, Karina Bertrand and Paul Liscord for helping out (and making great ramps for match box cars!)

**Grades 5 – 6** Curriculum: Small Group Ministry  
The group discussed the life and work of Clara Barton and assembled care packages to be sent to NH military personnel deployed in Iraq and Afghanistan.  
Leaders: Anne Scarano and Trish Jalbert.

**Grades 7 -8** Curriculum: OWL-Our Whole Lives  
Leaders: Cathy Goldwater and Steve Opre

**Grades 9-12** YRUU  
Leaders are George Carvill, Lynn Coakley, Izzy Paquette and Donna Riley. This group usually meets from 6-8 PM on Sundays. The YRUU schedule is available on FaceBook at the group "YRUU@UUCM".

**YOUTH LED SERVICE, MARCH 14 AT 10:30 AM**  
Our high school group, the YRUU (Young Religious Unitarian Universalists) will lead this service. They will hold a sleepover next Saturday, March 13 to prepare and practice for their time leading worship for us.

### **DIRECTOR OF RELIGIOUS EDUCATION**

**INSTALLATION, MARCH 28 AT 4 PM**

Don't miss this opportunity to celebrate our new shared ministry with Kim Paquette as our new Director of Religious Education. Voting members of the congregation will covenant to work with Kim in ways that help us thrive and bring blessings to the world. Everyone present will commit to supporting our spiritual growth with the help of Kim's leadership. We'll share words, music, good food and joy! Please bring an appetizer or dessert to share. Everyone is invited.

## **UUCM ACTIVITIES**

**NEW WEBSITE IS NOW LIVE!**



### **OUR STEWARDSHIP EFFORT BEGINS NOW**

We ask members and friends to plan their financial giving to UUCM for the next year. These donations will determine what we can afford in the coming year: salaries for our Minister, Religious Education Director and others, maintaining our property, and our fair-share giving to the UUA and the UU District.

From your Finance Committee

### **GREEN SANCTUARY**

The Green Sanctuary committee will be meeting on Wed, **March 10**, 5:30-7 PM in Granite. The topic will be choosing an Environmental Justice project for UUCM. A simple meal will be provided. All interested are welcome! Contact: Cathy Goldwater, 465-7933.

### **CORNED BEEF & CABBAGE DINNER**

A traditional St. Patrick's Day dinner Friday, **March 12** from 6:30-9 PM in Barnum Hall. Additional members who would like to attend are welcome to contact Joe Guilfoyle or Steve Opre for all the details!

### **THOUGHTS OF FERRY BEACH...**

Please join our congregation at our annual retreat to Ferry Beach in Saco, Maine September 10-12th. Wild fun, great fellowship and tranquility, all in one weekend! Our congregation must make a financial commitment by April 1st. If you think you may want to attend, please send in a \$50.00 check on or before March 21 to secure a spot. The check can be placed in the offering basket but please write Ferry Beach in the memo line, or mail it in. We want to make sure every family can attend so UUCM will offer a sliding scale this year to defray the cost for families. Stop by the meeting next Sunday, March 14 at 9 AM in Barnum Hall. Contacts: Ana Barrett (672-7669) and Alison Adams, co-chairs.

**AN EVERYBODY'S BIRTHDAY CELEBRATION**  
Please reserve next Sunday, **March 14** to celebrate your birthday at UUCM Coffee Hour after church service. We will celebrate everyone's birthday with a cake for every month. Contact: Sandy Frades.

### **SPRING IS COMING AND SO IS THE**

### **AMERICAN INDIAN SPIRITUALITY GROUP**

This program is **April 8 through May 13** at 6:30 PM led by Joe Guilfoyle. Contact Joe to reserve a spot!

### **CIRCLE OF FRIENDS AUCTION & DINNER SATURDAY, APRIL 10, 5:00- 9:30 PM**

**Do it today:** Make your reservation at coffee hour, sign up to volunteer, fill out a donation slip! Note: you can (hopefully) make your reservations and donations via our new website!

Top 10 Reasons to attend this year's Auction...

You deserve a great night out!  
100 of your UUCM friends will be there!  
You'll learn just how much TALENT we have here  
Steve Opre and Bryan Higgs will be cooking up an  
incredible dinner!  
Your kids will have mega FUN in the childcare room!  
You could win a vacation cottage rental on the Cape!  
Bargains, bargain, bargains!  
Our teens totally rock as Auction Dinner Servers!  
You NEED to know WHO's bidding on WHAT!  
Ginny Kemp is totally entertaining and makes this night  
a BLAST!  
Questions? Cammie Opre, 249-8839 or  
[Cammieopre@hotmail.com](mailto:Cammieopre@hotmail.com), and/or Barb Trono,  
672-5110 or [barbara\\_trono@yahoo.com](mailto:barbara_trono@yahoo.com).

**NOT YOUR TYPICAL YARD SALE  
SATURDAY, MAY 15, 8:30 AM – 1 PM**

Do you need inspiration to clean out your attic or  
basement? Do you need to get rid of stuff (don't we  
all)? Would you like to help UUCM raise money? We  
are offering you space to hold a yard sale at a prime  
location – here at UUCM. We are renting spaces to the  
first 20 people who sign-up. The event will be held rain  
(inside) or shine (outside). If you don't have a lot of  
items but would like to help UUCM, you could get  
together with others, rent one space, and take turns  
selling your items. You are responsible for setting up  
your items, remaining to sell your items, and taking  
away everything that is not sold. We ask for a minimum  
donation of 20% of your intake. See more details and  
signup sheet in Barnum Hall. Or you can contact  
Sandy Frades (673-2955 or [sandyfrades@comcast.net](mailto:sandyfrades@comcast.net)).  
Please do not bring any items to this Yard Sale unless  
you are signed up to sell or make arrangements with  
someone who is.

**MINISTER'S BOOK STUDY NIGHT**

*Muhammad: Prophet For Our Time* by K. Armstrong

**Tuesday, May 25, 7:15 - 9:15 PM**

Our worship service on the life and times of Muhammad  
on February 28th engendered interest in learning more  
about Islam. You are invited to an evening of facilitated  
conversation about Karen Armstrong's book,  
*Muhammad: Prophet For Our Time*. Like any book  
group, it will be understood that you have read the book  
before that evening. To sign up for the evening and to  
order a book, please look for the sign up sheet in  
Barnum Hall or call/email Cyndy at 673-1870 ext. 1 or  
[uucm1870@gmail.com](mailto:uucm1870@gmail.com) and she can add you to the list.  
The book is generally available at bookstores and  
libraries, but we'll put in a bulk order for a discount if  
there is enough interest.

--Rev. Barbara McKusick Liscord

**UUCM NEWS**

**PASTORAL CARE NETWORK**

If you or someone you know is in need of support  
services during the month of **March**, please contact  
Deborah Young-Kroeger at 673-6778.

**WORSHIP COMMITTEE MEETING CHANGES**

Due to snow storms this February, the Worship  
Committee meeting was rescheduled for March 2.  
Subsequently the next meeting will be on Tuesday,  
March 30 at 6 PM (rather than March 16). In April, the  
regular meeting times will resume: April 19 6 PM (3rd  
Tuesday of each month).

**EARTH DAY COMPOST SALE**

We will be selling compost bins (\$42), kitchen pails (\$8)  
and system rain barrels (\$60) from March 14-April 7.  
Look for samples of the products in Barnum Hall and the  
order form on the bulletin board next week! Contact:  
Cyndy, 673-1870, ext. 1.

**MINISTRY FOR EARTH**

Never driving over 55 mph can save 20-50% in fuel.  
And the International Energy Agency reports that if  
Americans drove 55 mph instead of 65 mph, we would  
cut automobile carbon emissions by 20%. The  
organization [www.Drive55.org](http://www.Drive55.org) points out that this is a

great way to turn lead into gold. Driving slower saves  
money for our families and community service projects  
instead of funding more war over oil and regional  
control to protect 'American interests'. You can get an  
UNLEADED RIGHT-FOOT bumper sticker and take  
the pledge "To obey existing speed limits, never  
exceeding 55 MPH". Anyone interested? Rev. Barbara

**SMALL GROUP MINISTRY**

First and third Mondays, 7 to 9 PM, in Hollis  
Second and fourth Mondays, 7 to 9 PM, in Milford  
First and third Tuesdays, 1 to 3 PM, in Milford  
First and third Tuesdays, 7 to 9 PM, in New Boston  
First and third Thursdays, 7 to 9 PM, in Bedford  
For information contact Linda Higgs, SGM Coordinator  
(603-673-7601 or [lbhiggs@yahoo.com](mailto:lbhiggs@yahoo.com)).

**SHARE**

SHARE has asked us to contribute: diapers (large sizes  
especially), baby wipes, children and adult aspirins,  
band-aids, first aid cream, and cough syrup.

**PROGRAMS AVAILABLE TO UUCM**

Everyone is invited to Mindfulness Meditation every  
Wednesday evening, 5:30 to 6:20 PM, in the Anthony  
Room, on Wednesdays through March 17. Use chairs or  
bring a favorite cushion. Two 20-minute sittings with  
walking in between. Come 10 minutes early for simple  
instructions. Attend whenever you can. Also, sign up for  
a Mindfulness Study Circle on eight Wednesday  
evenings, 6:30 to 8:00 PM, also in the Anthony Room.  
We'll be reading a new book by Harvard professor Ron  
Siegel called *The Mindfulness Solution: Everyday  
Practices for Everyday Problems*. Donations accepted  
for the classes. Call Bruce Kantner at 654-2523 or  
attend a class!

**STAFF SCHEDULE**

Rev. Barbara is available most days by calling 673-1870,  
X-2 or at [barbmcklis@gmail.com](mailto:barbmcklis@gmail.com). Friday is her day off.  
Kim Paquette, DRE, has office hours (8-1) on Tuesdays  
and is also available most Sundays. She is at 673-1870,  
X-3 or at [uucmdre@gmail.com](mailto:uucmdre@gmail.com).  
Cyndy's hours are Mon-Thu, 9-2. She is at 673-1870,  
X-1 or at [uucm1870@gmail.com](mailto:uucm1870@gmail.com).

**BUILDING HEAT**

Heat needs to be turned down to 60 and all lights turned  
off when you leave the space in our church building.

**ANNOUNCEMENTS**

Sunday written announcements should be limited to 40  
words and submitted via email by the preceding  
Wednesday.

**SAFETY ON SUNDAYS**

In the event of an emergency, please follow the  
evacuation instructions from the person in the pulpit.

1. Evacuate calmly through the Garden or front  
doors, whichever is closest to your seating in the  
Sanctuary.
2. The children and youth will be evacuated through  
the Garden doors.
3. The meeting spot is in **FRONT** of the Family  
Guidance /Bridges building next door. **ALL**  
parents are to meet their children at this location  
and not take them until their names can be  
checked off. Wait on the lawn; do not block the  
driveway or parking lots.
4. People with mobility challenges and those in  
wheel chairs will be assisted.

**STORM CANCELLATION OF WORSHIP  
AND/OR CHILDREN'S PROGRAMS**

When the decision has been made to cancel church  
service and/or children's programming, we will post  
notice at WMUR-TV (News 9) and [www.wmur.com](http://www.wmur.com).  
Cancellations will also be posted on the websites of:  
WZID.com, 965THEMILL.com and WFEA1370.com  
(no on-air announcements on these three stations).  
Listen or look for the "Unitarian Universalist  
Congregation in Milford." Also check  
[www.uumilfordnh.org](http://www.uumilfordnh.org) and 673-1870 for  
announcements.